

## Day 6

### Thoughts on Day 6

- There are two waterfall options for Day 6. All the hikes listed are good to do if the weather isn't great, so you can jump ahead to this day if there's a little rain earlier in the week.
- Option 1 is the South Coast. On the way, you can do anything you missed on the afternoon of Day 3. You can also keep driving up the coast to Nordeste, stopping at viewpoints and circle back along the north coast. They are no must sees, and it's 3+ hours of driving, but you'll be able to see a lot of the island.
- Option 2 is on the north coast, you'll hike through the forest then can swim under the waterfall (you can skip the hike). There's a hot spring at the end of the hike.

 **Day 6 Transport: Povoção is about an hour from Ponta Delgada. Caldeiras da Ribeira Grande is about 30 minutes from Ponta Delgada.**

**Option 1 - The South Coast. You can either do lunch/beach in Povoção or if it's not the winter, keep driving up the coast, for a tastier lunch at Ponta do Garajau in Ribeira Quente.**

 [Ribeira do Faial da Terra - PR11SMI](#) A linear route, 6km/3.7 miles each way, that's rated as medium difficulty with a 2h average time. You'll walk through the forest, see a waterfall, and walk through farms. You have some views, but this is a decent hike if the weather isn't great. More details in map. (☂ \*Provoação\*)

 [Faial da Terra – Salto do Prego - PRC9SMI](#) A 4.5km/2.8m circular route, that's rated as medium with an average time of 2h. You'll walk through the forest, see a waterfall, and get a great view of the town below. You have some views, but it's decent hike if the weather isn't great. More details in map. (☂ \*Provoação\*)

 [Cafe Restaurante Jardim](#) - A restaurant with outdoor seating just off the main square in Povoção. Nothing fancy but options in Povoção are limited and the traditional Portuguese dishes are affordable and solid. \$-\$\$

 [Praia da Povoção](#) A sandy beach right in the town of Povoção. It's good for families because it's usually calm and there are good facilities. You can also rent umbrellas. Parking-Yes; Food/drinks-YES, lifeguards-YES, showers-YES, toilets-YES. (☂ \*Provoação\*)

**Long Road with Trees** As your leaving Povoção to the east, check the Travel Honey Map for a secret road, that in the summer time is lined with hydrangeas.

 [Ponta do Garajau](#) A restaurant in Ribeira Quente with a cool rock wall interior and an option for outdoor seating if the weather is nice. A bit more upscale for restaurants in the area. They usually have a great fish selection. It's only open from April to October for lunch and dinner. (\$\$)

 [Praia do Fogo \(Ribeira Quente Beach\)](#) A small, sandy, pretty beach on the southeast coast with calm, warmer water due to hydrothermal springs. It's great for families. You can also rent umbrellas. Parking-Yes; Food/drinks-YES, lifeguards-YES, showers-YES, toilets-YES (all year). (☂ \*Ribeira Quente beach \*)

**Option 2 - For less driving and more hot springs, head to Caldeiras da Ribeira Grande. There's a basic restaurant at the hot spring, or head to Ribeira Grande for more food options (see the north coast options on [Day 3](#) or [Day 4](#)).**

 [Caldeiras da Ribeira Grande - Salto do Cabrito PRC29SMI](#) 7.5 km/4.7m circular hike rated as easy, but you have to go up stairs above the waterfall and it might be scary for someone afraid of heights. The average time is 2h30 but it will take a bit longer if you stop for a swim in the waterfalls. It's mostly in the trees, so a good option if the weather isn't great. There's also a point where the road can get flooded, so you may have to take off your shoes to cross it. More details in map. (☂ between \*Ribeira Grande\* and \*Lagoa do Fogo\*)

 [Caldeiras da Ribeira Grande](#) Fumaroles near Ribeira Grande that aren't as impressive as those in Furnas, but they're more low key. For a few Euros, you can visit small but pleasant hot spring pool at Termas das Caldeiras spa (it's self contained, so good for kids). You can also walk up the road to see where cozidos are cooked in the ground (or pay a few Euros to cook your own). Or opt for the restaurant there, which has decent, mostly traditional Portuguese food. The PRC29SMI hike begins here. (☂)

 See [here](#) for dinner options

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