

## Thoughts on Day 1

- Before you get started, check out our [tips](#) for using this itinerary and our [Insider Tips](#) for Pico.
- There are not many direct flights to Pico, so you'll likely arrive in the afternoon. We've made Day 1 your first full day in Pico.
- Assuming that you'll be a little jet lagged, Day 1 is a more low key day. There's a flat hike/walk in the morning, lunch in Madalena, the option to see a wine museum, and do a wine tasting.
- We've also included a couple nearby natural swimming areas if the weather is good. There is only one small beach on the Island (which is included on [Day 2](#)), so opportunities for swimming are in natural ocean swimming holes or manmade swimming pools that are built into the ocean and filled with sea water.
- If everyone is feeling up for it, you can save the low key day and jump to another day.
- NOTE: You'll need to call ahead a few days before you want to visit the Grutas das Torres +351 924 403 921 (see [Day 3](#)). They speak English.

**🐾 Day 1 Transport: The Vinhas da Cricao Velha hike is an 8 minute drive south of Madalena and the restaurants listed and the nearby Picowines Cooperative. It's about 1.5 miles from the restaurants to the Wine Museum and another 20 minute drive to the Centro de Interpretacao da Paisagem.**

### Morning Activities

👣 [Vinhas da Criação Velha](#) This is more of a walk than a hike. It's about 4 miles, 1.5 hours along the coast and you get to see the beautiful Pico vineyards. The Landscape of the Pico Island Vineyard Culture are designated as a UNESCO World Heritage Site. This is a one way hike and you finish in Madalena, so we recommend leaving one car in Madalena and having someone drive back to get the other car at the start of the hike. See the map for more details on the hike. (🌐 \*Madalena do Pico\*)

### 🍷 Lunch Options

**These are couple lunch options in Madalena. You can also go to one of the restaurants in Madalena that we recommend for dinner on [page 5](#) (we've specified if they offer lunch).**

[Mercado Bio](#) A new restaurant that is trying for a cooler vibe and has a more inventive menu, including more salads and vegetarian options (they also have meat and seafood). \$-\$\$ Lunch and dinner. +351 292 623 778.

[Caffe 5](#) A small low key restaurant in Madalena with a mix of traditional Portuguese food (including tasting seafood) plus burgers, falafel, sandwiches, omelets, salads and smoothies. Great for a casual, affordable lunch. \$-\$\$ Lunch and dinner, closed Sunday. +351 292 623 778.

### Afternoon Activity

👁️ [Pico Wine Museum](#) The museum is small and the exhibits are in Portuguese but for a small fee you can still get an idea about Pico's wine history. There are also awesome old dragon trees that are hundreds of years old and a cool red building that overlooks the vineyard, that make for good photo ops. 10am-5:30pm (Apr - Sept); 9:30am - 5pm (Oct - Mar); closed Mondays. (☂️)

[Picowines Cooperative](#) If you don't book a wine tour, the Cooperative is a good way to do a wine tasting. The Cooperative produces wine from over 220 grape farmers on the island. The Cooperative has worked to improve the quality of the wines and introduce new grape varieties. You must [book ahead](#) for a tasting. (☂️)

[Centro de Interpretação da Paisagem da Cultura da Vinha da Ilha do Pico](#) This is another museum/informational center about wine and includes a wine tasting with the ticket. It focuses more on the culture and the influence of Pico's volcanic activity on the wine making. It's a little less picturesque than the wine museum, but worth it if you want to learn more about wine. You can get a tour (English speaking guides available) that includes the vineyards, but you should book ahead to ensure you have a space. 10am-5:00pm Mon-Fri, 2:30-5:30pm (Apr - Sept); 9:30am - 5pm (Oct - Mar); closed Mondays. (☂️)

